

ALLERGEN LIST

CAFE/TAKEAWAY MENU - AS SEEN ON MENU

CATEGORY		MENU ITEM	GLUTEN	MILK	SOYA	EGG	MUSTARD	FISH	CRUSTACEANS	SULPHITES	NUTS	SESAME	LUPIN	CELERY	PEANUTS	MOLLUSCS
Breakfast	Breakfast Extras	Add Avocado														
Breakfast	Breakfast Extras	Add Crispy Bacon														
Breakfast	Cooked Breakfast	Breakfast Baguette	✓		✓	✓				✓						
Breakfast	Cooked Breakfast	Breakfast Bap	✓		✓	✓				✓						
Breakfast	Cooked Breakfast	Cornfield Breakfast	✓	✓		✓				✓						
Breakfast	Cooked Breakfast	Poached Egg on Toast	✓	✓	✓	✓										
Breakfast	Cooked Breakfast	Scrambled Egg on Toast	✓	✓	✓	✓										
Breakfast	Cooked Breakfast	Veggie Breakfast	✓	✓		✓										
Breakfast	Light Breakfast	Almond Croissant	✓	✓							✓					
Breakfast	Light Breakfast	Butter Croissant	✓	✓		✓										
Breakfast	Light Breakfast	Maple & Pecan	✓	✓		✓					✓					
Breakfast	Light Breakfast	Pain Au Chocolat	✓	✓		✓										
Breakfast	Light Breakfast	Pain Au Raisin	✓	✓		✓										
Lunch	Hot Pastries	Beef & Stilton Pasty	✓	✓	✓											
Lunch	Hot Pastries	Cheese & Bacon Puff	✓	✓		✓										
Lunch	Hot Pastries	Cheese & Onion Pasty	✓	✓	✓											
Lunch	Hot Pastries	Cheese & Onion Slice	✓	✓			✓									
Lunch	Hot Pastries	Chicken & Leek Pasty														
Lunch	Hot Pastries	Chicken, Bacon & Chorizo	✓													
Lunch	Hot Pastries	Cornish Pasty	✓	✓	✓											
Lunch	Hot Pastries	Lamb & Mint	✓		✓											
Lunch	Hot Pastries	Sausage Roll	✓	✓	✓					✓						
Lunch	Hot Pastries	Steak Slice														
Lunch	Hot Pastries	Thai Red Chicken Pasty	✓	✓	✓			✓								
Lunch	Hot Pastries	Traditional Steak Pasty	✓	✓	✓											
Lunch	Hot Pastries	Vegan Sausage Roll	✓		✓		✓			✓						
Lunch	Jacket Spuds	Jacket with Baked Beans		✓												
Lunch	Jacket Spuds	Jacket with Cheese		✓												
Lunch	Jacket Spuds	Jacket with Chilli Con Carne (THAME)	✓	✓												
Lunch	Jacket Spuds	Jacket with Chilli Con Carne (THAME)														
Lunch	Jacket Spuds	Jacket with Chilli NON Carne (WHEATLEY)		✓	✓											
Lunch	Jacket Spuds	Jacket with Chilli NON Carne (WHEATLEY)		✓	✓											
Lunch	Jacket Spuds	Jacket with Tuna Mayo		✓		✓	✓	✓								
Lunch	Lunch Extras	Add Beans														
Lunch	Lunch Extras	Add Fries														
Lunch	Lunch Extras	Add Fries														
Lunch	Lunch Extras	Add Salad				✓	✓									
Lunch	Lunch Extras	Add Salad				✓	✓									
Lunch	Pasta Salad	Add Avocado														
Lunch	Pasta Salad	Add Grilled Chicken														
Lunch	Pasta Salad	Add Halloumi		✓												
Lunch	Pasta Salad	Pasta Salad	✓													
Lunch	Quiche	Bacon, Mushroom, Spinach	✓	✓		✓										
Lunch	Quiche	Caramelised Onion	✓	✓		✓										
Lunch	Quiche	Tomato & Basil	✓	✓		✓										

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CATEGORY		MENU ITEM	GLUTEN	MILK	SOYA	EGG	MUSTARD	FISH	CRUSTACEANS	SULPHITES	(TREE) NUTS	SESAME	LUPIN	CELERY	PEANUTS	MOLLUSCS
Lunch	Sourdough Panini	Brie & Bacon with Sweet Chilli Relish	<	<												
Lunch	Sourdough Panini	Brie, Tomato Chutney, Peppers & Onion	<	<			<									
Lunch	Sourdough Panini	Mozzarella, Pesto, Tomato & Spinach	<	<												
Lunch	Sourdough Panini	Roast Ham & Cheddar Cheese	<	<												
Sandwiches	Bread/Rolls	Malt Bran	<		<											
Sandwiches	Bread/Rolls	Multiseed	<		<											
Sandwiches	Bread/Rolls	Sourdough	<													
Sandwiches	Bread/Rolls/Bags	White	<		<											
Sandwiches	Fillings	Avocado, Chilli, Line & Red Onion														
Sandwiches	Fillings	Brie		<												
Sandwiches	Fillings	Cheddar Cheese		<												
Sandwiches	Fillings	Chicken Jerk														
Sandwiches	Fillings	Chicken Mayo				<	<									
Sandwiches	Fillings	Chicken Mayo & Bacon				<	<									
Sandwiches	Fillings	Chicken Sweet Chilli														
Sandwiches	Fillings	Chicken Tikka														
Sandwiches	Fillings	Coleslaw					<			<						
Sandwiches	Fillings	Coronation Chicken				<	<									
Sandwiches	Fillings	Cucumber														
Sandwiches	Fillings	Egg Mayo				<	<									
Sandwiches	Fillings	Ham														
Sandwiches	Fillings	Jalapenos														
Sandwiches	Fillings	Lettuce														
Sandwiches	Fillings	Margarine														
Sandwiches	Fillings	Mixed Cheese & Spring Onion		<		<	<									
Sandwiches	Fillings	Prawns							<							
Sandwiches	Fillings	Red Onion														
Sandwiches	Fillings	Rocket														
Sandwiches	Fillings	Sweetcorn														
Sandwiches	Fillings	Tomato														
Sandwiches	Fillings	Tuna Mayo				<	<	<								
Sandwiches	Sauces Ect.	BBQ Sauce (Sauce Shop)					<									
Sandwiches	Sauces Ect.	Brown Sauce	<		<											
Sandwiches	Sauces Ect.	Caramelised Onion Chutney														
Sandwiches	Sauces Ect.	Cranberry Sauce														
Sandwiches	Sauces Ect.	Ketchup (Crucials)														
Sandwiches	Sauces Ect.	Mayo				<	<									
Sandwiches	Sauces Ect.	Mustard (Dijon)					<			<						
Sandwiches	Sauces Ect.	Mustard (Wholegrain)					<			<						